

ECC SNACK GUIDELINES



Snacks MUST BE STORE-BOUGHT and in their original packaging with the ingredient list and nutrition information. The lower the sugar grams on the ingredient label the better.

Please follow all classroom food allergy restrictions.contact your child's teacher if you have any questions!



Here are some ideas for snacks:



- Goldfish crackers
- Cheese sticks
- Fruit snacks
- Clementines
- Cheez-Its
- Crackers
- Cereals that can be eaten dry with fingers
- Granola bars
- 100% fruit snacks
- Animal crackers
- Pretzel Bites
- Vanilla wafers
- Apple slices
- Bananas
- Rice Cakes